# **INTRODUCTION PATIENT CASE HISTORY**

Today's Date: \_\_\_\_\_

					ne:	
			Lity:			
			Iobile Carrier:			
				Marital Status		-
	ull Student / Part Student		Employed	Employer:		
	le number and email mea ve offers. Msg & data rat		eive email or SMS notifica 'STOP' to opt-out.	ations from us regard	ding appointmen	ts, health
Ethnicity: Hispanic	-		-	ge:		
Race: Asian / African Am. / Am. Indian or Alaskan Native /				: Every Day / Some		
Other / Nati	ve Hawaii or Pacific Isla	nd / White				
EMERGENCY CONTAC	CT INFORMATION					
Full Name:			Primary Care Phy	ysician:		
Home:	Mobile:		Doctor's Phone:			
Relationship: Chil	d / Parent / Spouse / Oth	ler:				
<u>Primary Insuran</u> Name:	<u>NCE</u>		<u>Secondary Inst</u> Name:	J <u>RANCE</u>		
				ed: Self / Spouse / P		
<b>Relation to Insure</b>	ed: Self / Spouse / Paren	t / Child / Other	Other than Self:			
Other than Self:			Insured's Name:		Gende	r: M / F
Insured's Name: _		Gender: M / F	Address:			
				State:		
	State:		Phone:	Date	e of Birth:	<u> </u>
Phone:	Date of E	Birth:				
			ship)			
Other than Self:	<b>r</b> · J	(	· · · · · · · · · · · · · · · · · · ·			
Full Name	::		Phone:			
Address:			City:		State:	Zip
	It is Usual and Cu	stomary to Pay for	Services as Rendered Uni	less Otherwise Arra	nged	
Patient No:				© Pinnac	le Management Grou	up, Inc. 201

## **PATIENT CASE HISTORY**

Began When?/ Describe how this beg	an:
Grade Intensity/Severity of Complaint: None / Mild / M	Indereta / Savara / Vary Savara
	g / Achy / Dull / Stiff & Sore / Other:
How frequent is the complaint present? Off & On / Cons	
Does this complaint radiate/shoot to any areas of your bo	
<u>Head</u> - Base of Skull / Forehead / Sides-Temple R / L / Both	-
$\underline{Arm}$ – Across Shoulder / Elbow / Hand-Fingers R / L / Both	Other Area:
	st / Movement / Stretching / OTC / Other:
	/alk / Lying / Sleep / Overuse / Other:
	1? (Describe)
For this CURRENT condition, have you:	
• Received any other treatment? None / DC / MD / PT / M	Massage / ER / Other: Where?
• Had any previous Surgery or Interventions in this area	? (Describe)
• Had any diagnostic testing? X-rays / MRI / CT / Other:	When and Where?
Describe any Secondary Complaints:	
TEALTH HISTORY - (PLEASE USE THE REVERSE SIDE OF THIS PAGE IF ADDIT	IONAL SPACE IS NEEDED)
Medications:	Construction of the second of
Medications:           Allergies to Medications:         NONE         (List)	Family Health History: (Please mark N/A if not relevant.) List relevant major health problems of immediate relatives:
Medications: Allergies to Medications: NONE (List)	Family Health History: (Please mark N/A if not relevant.) List relevant major health problems of immediate relatives:
Allergies to Medications: NONE (List)	List <i>relevant</i> major health problems of immediate relatives:
Allergies to Medications: NONE (List)	List <i>relevant</i> major health problems of immediate relatives:
Allergies to Medications: NONE (List)	List <i>relevant</i> major health problems of immediate relatives:
Allergies to Medications: NONE (List)	List <i>relevant</i> major health problems of immediate relatives:
Allergies to Medications: NONE (List)	List <i>relevant</i> major health problems of immediate relatives:
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)         Past Health History: (Please list any past)	List relevant major health problems of immediate relatives:         Deaths in immediate family: (Cause and at what Age?)
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)	List <i>relevant</i> major health problems of immediate relatives:
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)         Past Health History: (Please list any past)	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?)
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?)  Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)         Past Health History: (Please list any past)	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?)  Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Other Lifesteder. (High Lifesteder. Content of the Lifesteder.)
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)         Past Health History: (Please list any past)         Surgeries – Date, Type, and Reason: NONE	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?)  Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe Lifestyle: (Hobbies, Rec. Activities, Exercise, Diet, Work, Vitamins)
Current Medications: NONE (Already have a list? We can make a copy.)	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?)  Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe Lifestyle: (Hobbies, Rec. Activities, Exercise, Diet, Work, Vitamins)
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)         Past Health History: (Please list any past)         Surgeries – Date, Type, and Reason: NONE	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?) Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe Lifestyle: (Hobbies, Rec. Activities, Exercise, Diet, Work, Vitamins)
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?) Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe Lifestyle: (Hobbies, Rec. Activities, Exercise, Diet, Work, Vitamins) Habits: Habits:
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)         Past Health History: (Please list any past)         Surgeries – Date, Type, and Reason: NONE         Major Injuries/Traumas: NONE	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?)  Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe Lifestyle: (Hobbies, Rec. Activities, Exercise, Diet, Work, Vitamins) Habits: Cigarettes – (#/day)
Allergies to Medications: NONE (List)         Current Medications: NONE (Already have a list? We can make a copy.)	List relevant major health problems of immediate relatives: Deaths in immediate family: (Cause and at what Age?) Social and Occupational History: Level of Education Completed: High School / Some College / College Grad. / Post Grad. / Othe Lifestyle: (Hobbies, Rec. Activities, Exercise, Diet, Work, Vitamins) Habits:

Patient No:

REVIEW OF SYSTEMS

### Are you *currently* experiencing any of these symptoms? (Check all the apply) Many of the following conditions respond to Chiropractic and Acupuncture treatment.

□ Loss of Appetite

□ Blood in Stool

### General: (constitutional)

General: (constitutional)	Gastrointestinal:
Recent Weight Change	Loss of Appe
☐ Fever	Blood in Stoc
□ Fatigue	Change in Bo
None in this Category	Painful Bowe
	□ Nausea or Vo
Musculoskeletal:	
Low Back Pain	Frequent Dia
Mid Back Pain	
Neck Pain	Constipation
Arm Problems	Other:
Leg Problems	$\Box$ None in this (
Painful Joints	Cardiovascular &
Stiff/Swollen Joints	Chest Pains
Sore/Weak Muscles or Joints	🗌 Rapid or Hea
Muscle Spasms/Cramps	Blood Pressu
Broken Bones	Swelling of H
Other:	Heart Problem
None in this Category	Other:
	$\square$ None in this (
Neurological:	
Numbness or tingling sensations	<b>Respiratory:</b>
Loss of Feeling	Difficulty Bree
Dizziness or light headed	Persistent Con
Frequent or Recurrent Headaches	Coughing Blo
Convulsions or seizures	Asthma or W
Tremors	Lung Problen
Stroke	Other:
Have you ever had a head injury?	$\square$ None in this (
Ever been in an auto accident?	
Other:	Eyes and Vision:
None in this Category	Wear contacts
	Blurred or do
Mind/Stress:	🗌 Glaucoma
Nervousness	Eye disease o
Depression	Other:
Sleep Problems	$\Box$ None in this (
Memory Loss or Confusion	Ears, Nose and Th
Other:	Bleeding gum
None in this Category	Bad Breath or
Genitourinary:	Dental Proble
Sexual Difficulty	Swollen throa
☐ Kidney Stones	Swollen gland
Burning/Painful Urination	Ringing in the
Change in force/strain w Urination	🗌 Ear - Ache/Ri
Frequent Urination	Sinus / Allerg
Blood in Urine	Nose Bleeds
Incontinence or Bed Wetting	Hearing Loss
Other:	Other:

### Change in Bowel Movements Painful Bowel Movements □ Nausea or Vomiting Abdominal Pain Frequent Diarrhea Constipation Other: None in this Category Cardiovascular & Heart: Chest Pains Rapid or Heartbeat changes Blood Pressure Problems Swelling of Hands, Ankles, or Feet Heart Problems Other: None in this Category lespiratory: Difficulty Breathing Persistent Cough Coughing Blood Asthma or Wheezing Lung Problems Other: None in this Category ves and Vision: Wear contacts/glasses Blurred or double vision Glaucoma Eye disease or injury Other: None in this Category ars, Nose and Throat: Bleeding gums / mouth sores

- Bad Breath or bad taste
- Dental Problems
- Swollen throat or voice change
- Swollen glands in neck
- Ringing in the ears
- Ear Ache/Ringing/Drainage
- Sinus / Allergy problems
- □ Nose Bleeds
- ☐ Hearing Loss
- Other:
- None in this Category

### Endocrine, Hematologic, and Lymphatic:

- Thyroid problems Diabetes Excessive Thirst or urination Cold Extremities Heat or Cold intolerance Change in hat or glove size Dry skin Glandular or hormone problem □ Swollen Glands □ Anemia Easily Bruise or Bleed □ Phlebitis □ Transfusion
- Immune system disorder
- Other:
- None in this Category

### Skin and Breasts:

Rash or Itching
Change in Skin Color
Change in hair or nails
Non-healing sores
Change of appearance of a mole
Breast Pain
Breast Lump
Breast Discharge
Other:
None in this Category

### Women Only:

Are y	ou pro	egnant?
-------	--------	---------

$\Box$	Yes - Due Date	//_
	No - Last Menstr	ual Period

- □ Infertility Painful or Irregular periods □ Vaginal Discharge □ Other:

Date

Date

None in this Category

Pregnancies with Outcome & Date:

I have read the above information and certify it to be true and correct to the best of my knowledge, and hereby authorize this office to provide me with chiropractic care, diagnostic testing, and/or therapeutic services, in accordance with this state's statutes.

Patient or Guardian Signature

Treating Doctor Signature

None in this Category

Patient No:

Comments:

# Functional Rating Index For use with <u>Neck and/or Back Problems</u> only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, please circle the number which most closely describes your condition right now.

1. Pain Intensi	ty				6. Recreation				
0	11	2	3	4	0	1	2	3	4
No	l Mild	I Moderate	Severe	l Worst	Can do	Can do	Can do	l Can do	Cannot
pain	pain	pain	pain	possible	all	most	some	a few	do any
•	P	F	P	pain	activities	activities	activities	activities	activities
2. Sleeping				•	7. Frequency of	noin			
0		2	3	4	7. Frequency of		2	3	14
Perfect	Mildly	Moderately	Greatly	Totally	N				
sleep	disturbed	disturbed	disturbed	disturbed	No	Occasional	Intermittent	Frequent	Constant
•	sleep	sleep	sleep	sleep	pain	pain; 25%	pain; 50%	pain; 75%	pain; 100%
3. Personal Ca	mo (woshing	draccing ata)	-	-		of the day	of the day	of the day	of the day
		12	13	4	8. Lifting	or the day	or the day	of the duy	or the day
<u> </u>					Ŭ <u> 0</u>	1	2	3	4
No	Mild	Moderate	Moderate	Severe	l No	Increased	Increased	Increased	Increased
pain;	pain;	pain; need	pain; need	pain; need	pain with	pain with	pain with	pain with	pain with
no	no	to go slowly	some	100%	heavy	heavy	moderate	light	any
restrictions	restrictions		assistance	assistance	weight	weight	weight	weight	weight
4. Travel (driv	ing, etc.)				9. Walking				_
0	1	2	3	4	0	11	2	3	14
l No	l Mild	 Moderate	I Moderate	Severe	No pain	Increased	Increased	Income	
pain on	pain on	pain on	pain on	pain on	No pain; any	pain after	pain after	Increased pain after	Increased pain with
long trips	long trips	long trips	short trips	short trips	distance	1 mile	1/2 mile	1/4 mile	all
			-	•					walking
5. Work					10. Standing				6
0	1	2	3		0	1	2	3	4
Can do	Can do	Can do	Can do	Cannot	No pain	Increased	Increased	Increased	Increased
usual work	usual work;	50% of	25% of	work	after	pain	pain	pain	pain with
plus unlimited	no extra	usual	usual		several	after several	after	after	any
extra work	work	work	work		hours	hours	1 hour	1/2 hour	standing
Name								Total Score	<u> </u>
		PRINTED							
		Signature		·	Date		© 1999-2001 1	Institute of Evidence-B	Based Chiropractic

www.chiroevidence.com

# Collins Clinic of Chiropractic & Sports Medicine Notice

In an effort to maintain compliance with various state and federal regulations, managed care and preferred provider agreements, as well as billing and coding guidelines, we have adopted the following financial policies.

- 1. Our clinic has established a single fee schedule that applies to all patients for each service provided.
- 2. You may be entitled to a discount under the following circumstances:
  - a. We are a participating provider in your health plan.
  - b. You are covered by a State or Federal program with a mandated fee schedule.
  - c. You are a member of ChiroHealthUSA, or any other Discount Medical Plan Organization we may join. Patients who are uninsured, or underinsured (limited benefits for chiropractic care), may join ChiroHealthUSA in our office and will be entitled to network discounts similar to our insured patients. Membership is \$49.00 a year and covers you and your dependents. Ask our staff for more information.
  - d. You are a teacher, police officer, firefighter, first responder, or you are in the military or full-time ministry. Please make sure this is listed on your intake paperwork under 'Employment' and present any relevant identification to our staff.
  - e. Patients who meet state and or federal poverty guidelines or other special circumstances outlined in our "Hardship Policy" may be offered a discount for a period of time as determined by the clinic. Verification will be required.
- 3. Our office will be unable to extend any type of discounts other than those listed above.

Acknowledged By: \_\_\_\_\_

Date: \_\_\_\_\_

### COLLINS CLINIC OF CHIROPRACTC & SPORTS MEDICINE Notice of Privacy Practices

### Effective September 23, 2013 THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THAT INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY.

The Practice (the "Practice"), in accordance with the Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule, (the "Privacy Rule") and applicable state law, is committed to protecting the privacy of your protected health information ("PHI"). PHI includes information about your health condition and the care and treatment you receive from the Practice. The Practice understands that information about your health is personal. This Notice explains how your PHI may be used and disclosed to third parties. This Notice also details your rights regarding your PHI. The Practice is required by law to maintain the privacy of your PHI and to provide you with this Privacy Notice detailing the Practice's legal duties and practices with respect to your PHI. The Practice is also required by law to abide by the terms of this Notice.

### HOW THE PRACTICE MAY USE AND

DISCLOSE YOUR PROTECTED HEALTH INFORMATION

The Practice, in accordance with this Notice and without asking for your express consent or authorization, may use and disclose your PHI for the purposes of:

For Treatment - We may use your PHI to provide you with treatment. We may disclose your PHI to doctors, nurses, technicians, clinicians, medical students, hospitals and other health facilities involved in or consulting in your care. We may also disclose information about you to people outside the practice, such as other health care providers involved in providing treatment to you, and to people who may be involved in your care, such as family members, clergy, or others we use to provide services that are part of your care. If we refer you to another health care provider, we would as part of the referral process share PHI information about you. For example, if you were referred to a specialist, we would contact the doctor's office and provide such information about you to them so that they could provide services to you.

For Payment - We may use and disclose your PHI so we can be paid for the services we provide to you. For example, we may need to give your insurance company information about the health care services we provided to you so your insurance company will pay us for those services or reimburse you for amounts you have paid. We also may need to provide your insurance company or a government program, such as Medicare or Medicaid, with information about your condition and the health care you need to receive prior approval or to determine whether your plan will cover the services

For Health Care Operations - We may use and disclose your PHI for our own health care operations and the operations of other individuals or organizations involved in providing your care. This is necessary for us to operate and to make sure that our patients receive quality health care. For example, we may use information about you to review the services we provide and the performance of our employees in caring for you.

### **OTHER USE & DISCLOSURES THAT ARE REQUIRED OR PERMITTED BY LAW**

The Practice may also use and disclose your PHI without your consent or authorization in the following instances:

Appointment Reminders - We may use and disclose your PHI to remind you by telephone, email, text message or mail about appointments you have with us, annual exams, or to follow up on missed or cancelled appointments.

Individuals Involved in Your Care or Payment for Your Care - We may disclose to a family member, other relative, a close friend, or any other person identified by you. Certain limited PHI that is directly related to that person's involvement with your care or payment for your care. We may use or disclose your PHI to notify those persons of your location or general condition. This includes in the event of your death unless you have specifically instructed us otherwise. If you are unable to specifically agree or object, we may use our best judgment when communicating with your family and others

Disaster Relief - We also may use or disclose your PHI to an authorized public or private entity to assist in disaster relief efforts. This will be done to coordinate information with those organizations in notifying a family member, other relative, close friend or other individual of your location and general condition.

De-identified Information - The Practice may use and disclose health information that may be related to your care but does not identify you and cannot be used to identify you. Business Associate - The Practice may use and disclose PHI to one or more of its business associates if the Practice obtains satisfactory written assurance, in accordance with applicable law, that the business associate will appropriately safeguard your PHI. A business associate is an entity that assists the Practice in undertaking some essential function, such as a billing company that assists the office in submitting claims for payment to insurance companies.

Personal Representative - The Practice may use and disclose PHI to a person who, under applicable law, has the authority to represent you in making decisions related to your health care. Emergency Situations - The Practice may use and disclose PHI for the purpose of obtaining or rendering emergency treatment to you provided that the Practice attempts to obtain your Consent as soon as possible: The Practice may also use and disclose PHI to a public or private entity authorized by law or by its charter to assist in disaster relief efforts, for the purpose of coordinating your care with such entities in an emergency situation.

Public Health and Safety Activities - The Practice may disclose your PHI about you for public health activities and purposes. This includes reporting information to a public health authority that is authorized by law to collect or receive the information. These activities generally include:

- To prevent or control disease, injury or disability
- To report births or deaths
- To report child, elder, or dependent adult abuse or neglect
- To report reactions to medications or problems with products
- To notify people of recalls of products they may be using
- To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition.

Victims of Abuse, Neglect or Domestic Violence - We may disclose your PHI to a government authority authorized by law to receive reports of abuse, neglect, or domestic violence, if we believe an adult or child is a victim of abuse, neglect, or domestic violence. This will occur to the extent the disclosure is (a) required by law, (b) agreed to by you, (c) authorized by law and we believe the disclosure is necessary to prevent serious harm, or, (d) if you are incapacitated and certain other conditions are met, a law enforcement or other public official represents that immediate enforcement activity depends on the disclosure

Health Oversight Activities - We may disclose your PHI to a health oversight agency for activities authorized by law, including audits, investigations, inspections, licensure or disciplinary actions. These and similar types of activities are necessary for appropriate oversight agencies to monitor the nation's health care system, government benefit programs, and for the enforcement of civil rights laws.

Judicial and Administrative Proceedings - We may disclose your PHI in response to a court or administrative order. We also may disclose information about you in response to a subpoena, discovery request, or other legal process but only if efforts have been made to tell you about the request or to obtain an order protecting the information to be disclosed. Disclosures for Law Enforcement Purposes - We may disclose your PHI to law enforcement officials for these purposes:

- As required by law
- In response to a court, grand jury or administrative order, warrant or subpoena
- To identify or locate a suspect, fugitive, material witness or missing person
- About an actual or suspected victim of a crime if, under certain limited circumstances, we are unable to obtain that person's agreement
- To alert a potential victim or victims or intending harm ("duty to warn")
- To alert law enforcement officials to a death if we suspect the death may have resulted from criminal conduct
- About crimes that occur at our facilities
- To report a crime, a victim of a crime or a person who committed a crime in emergency circumstances

To Avert Serious Threat to Health or Safety - We will use and disclose your PHI when we have a "duty to report" under state or federal law because we believe that it is necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person. Any disclosure would be to help prevent a threat.

Coroners, Medical Examiners and Funeral Directors - We may disclose your PHI to a coroner or medical examiner for purposes such as identifying a deceased person and determining cause of death. We also may disclose information to funeral directors so they can carry out their duties.

Organ, Eye or Tissue Donation - To facilitate organ, eye or tissue donation and transplantation, we may disclose your PHI to organizations that handle organ procurement, banking or transplantation.

Workers Compensation - We may disclose your PHI to the extent necessary to comply with worker's compensation and similar laws that provide benefits for work-related injuries or illness without regard to fault.

Special Government Functions - If you are a member of the armed forces, we may release your PHI as required by military command authorities. We may also release information about foreign military authority. We may disclose information about you to authorized federal officials for intelligence, counter-intelligence and other national security activities authorized by law. Research - We may use and/or disclose your PHI for research projects that are subject to a special review process. If researchers are allowed access to information that information that identifies who you are, we will ask for your permission.

Fundraising - We may contact you with respect to fundraising campaigns. If you do not wish to be contacted for fundraising campaigns, please notify our Privacy Officer in writing.

### AUTHORIZATION

The following uses and/or disclosures specifically require your express written permission:

Marketing Purposes - We will not use or disclose your PHI for marketing purposes for which we have accepted payment without your express written permission. However, we may contact you with information about products, services or treatment alternatives directly related to your treatment and care.

Sale of Health Information - We will not sell your PHI without your written authorization. If you do authorize such a sale, the authorization will disclose that we will receive compensation for the information that you have authorized us to sell. You have the right to revoke the authorization at any time, which will halt any future sale.

Uses and/or disclosures other than those described in this Notice will be made only with your written authorization. If you do authorize a use and/or disclosure, you have the right to revoke that authorization at any time by submitting a revocation in writing to our Privacy Officer. However, revocation cannot be retroactive and will only impact uses and/or disclosures after the date of revocation.

### YOUR RIGHTS

Right to Revoke Authorization - You have the right to revoke any Authorization or consent you have given to the Practice, at any time. To request a revocation, you must submit a written request to the Practice's Privacy Officer.

Right to Request Restrictions - You have the right to request that we restrict the uses or disclosures of your information for treatment, payment or healthcare operations. You may also request that we limit the information we share about you with a relative or friend of yours. You also have the right to restrict disclosure of information to your commercial health insurance plan regarding services or products that you paid for in full, out-of-pocket and we will abide by that request unless we are legally obligated to do so.

We are not required to agree to any other requested restriction. If we agree, we will follow your request unless the information is needed to a) give you emergency treatment, b) report to the Department of Health and Human Services, or c) the disclosure is described in the "Uses and Disclosures That Are Required or Permitted by Law" section. To request a restriction, you must have your request in writing to the Practice's Privacy Officer. You must tell us: a) what information you want to limit, b) whether you want to limit use or disclosure or both and c) to whom you want the limits to apply. Either you or we can terminate restrictions at a later date.

Right to Receive Confidential Communications - You have the right to request that we communicate your PHI in a certain way or at a certain place. For example, you can ask that we only contact you by mail or at work. If you want to request confidential communications you must do so in writing to our Practice's Privacy Officer and explain how or where you can be contacted. You do not need to give us a reason for your request. We will accommodate all reasonable requests.

Right to Inspect and Copy - You have the right to inspect and request copies of your information. I understand that a clinical summary report is created after each visit for the purpose of EHR and is available for my review. At this time, I am asking Collins Clinic of Chiropractic and Sports Medicine, P.A. to save these electronically for me and not print them out after each visit. I understand that, upon request, these reports are available to be printed or emailed to me for review.

To inspect or copy your information, you may either complete an Authorization to Release/Obtain Information form or write a letter of request, stating the type of information to be released, the date(s) of service being requested, the purpose of the request, and whether you wish to review the record or receive copies of the requested information in your preferred format. We will abide by your request in the format you have requested, if we are able to do so. If we cannot provide your records to you in the requested format, we will attempt to provide them in an alternative format that you agree to. You may also request that your records be sent to another person that you have designated in writing. Direct this request to the Practice's Privacy Officer. You may be charged a fee for the cost of copying, mailing or other expenses related with your request.

We may deny your request to inspect and copy information in a few limited situations. If you request is denied, you may ask for our decision to be reviewed. The Practice will choose a licensed health care professional to review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the outcome of that review. Right to Amend - If you feel that your PHI is incorrect, you have the right to ask us to amend it, for as long as the information is maintained by us. To request an amendment, you must submit your request in writing to the Practice's Privacy Officer. You must provide a reason for the amendment.

We may deny your request for an amendment if it is not in writing or does not include a reason for wanting the amendment. We also may deny your request if the information: a) was not created by us, unless the person or entity that created the information is no longer available to amend the information, b) is not part of the information maintained by the Practice, c) is not information that you would be permitted to inspect and copy or d) is accurate and complete.

If your request is granted the Practice will make the appropriate changes and inform you and others, as needed or required. If we deny your request, we will explain the denial in writing to you and explain any further steps you may wish to take.

Right to an Accounting of Disclosures - You have the right to request an accounting of disclosures. This is a list of certain disclosures we have made regarding your PHI. To request an accounting of disclosures, you must write to the Practice's Privacy Officer. Your request must state a time period for the disclosures. The time period may be for up to six years prior to the date on which you request the list, but may not include disclosures made before April 14, 2003.

There is no charge for the first list we provide to you in any 12-month period. For additional lists, we may charge you for the cost of providing the list. If there will be a charge, we will notify you of the cost in advance. You may withdraw or change your request to avoid or reduce the fee.

Certain types of disclosures are not included in such an accounting. These include disclosures made for treatment, payment or healthcare operations; disclosures made to you or for our facility directory, disclosures made with your authorization, disclosures for national security or intelligence purposes or to correctional institutions or law enforcement officials in some circumstances. Right to a Paper Copy of this Notice - You have the right to receive a paper copy of this Notice of Privacy Practices, even if you have agreed to receive this Notice electronically. You may request a paper copy of this Notice at any time. A current copy of our "Notice of Patient Privacy Policy" is included with this paperwork and is yours to retain.

Right to File a Complaint - You have the right to complain to the Practice or to the United States Secretary of Health and Human Services (as provided by the Privacy Rule) if you believe your privacy rights have been violated. To file a complaint with the Practice, you must contact the Practice's Privacy Officer. To file a complaint with the United States Secretary of Health and Human Services, you may write to: Office for Civil Rights, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Washington, DC 20201. All complaints must be in writing. To obtain more information about your privacy rights or if you have questions about your privacy rights you may contact the Practice's Privacy Officer as follows: Galen Collins, DC - 8420 New Town Rd. Ste. 102, Waxhaw, NC 28173 : 704-843-5045 We encourage your feedback and we will not retaliate against you in any way for the filing of a complaint. The Practice reserves the right to change this Notice and make the revised Notice effective for all health information that we had at the time, and any information we create or receive in the future. We will distribute any revised Notice to you prior to implementation. I acknowledge receipt of a copy of this Notice, and my understanding and my agreement to its terms.

Patient Signature:

Date:

### Informed Consent to Treatment

I hereby request and consent to the performance of chiropractic adjustments (also known as spinal manipulations) and other chiropractic procedures, including various modes of physical therapeutic modalities and diagnostic X-rays on me (or on the patient named below, for whom I am legally responsible) by Galen Collins, D.C. and/or other licensed doctors of chiropractic who now or in the future work at Collins Chiropractic Clinic and Sports Medicine, P.A.

I have had an opportunity to discuss with the doctor of chiropractic named above and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed. I understand that the type of treatment used in this office is a low force treatment that helps reduce the possibility of the below risks but the information is provided so that I may make an informed decision.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some possible risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest. I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient Name Printed			Patient Signature	
Date			Parent/Guardian's Signature	
	2	DO NOT W	RITE BELOW THIS LINE	
Patient Accepted?	YES	NO	Doctor's Signature	

Doctor's Signature\_